

# WESTLEY 'AMBLERS' WALKS ON YOUR DOORSTEP Walking towards change!

We are sure John and Charles Wesley would have done plenty of walking in their time, and covered many more miles than that which covers the distance between our churches in the Western Cluster.

It is said that walking is one of the best ways to try and keep fit. Also what could be better than being in the fresh air, with the wind on your face taking in the sounds – and smells of the countryside. There is now an opportunity to no longer 'walk alone', but to join with others.

Di and Nic would like to invite you to join in a number of afternoon walks over the next few months, not too far from home, of varying lengths (whatever the weather).

Please see the individual walks for more detailed information, or if you have any query tel. Di on 029 2030 2537

- 1** = flat
- 2** = up and down
- 3** = up & down with a bit of distance
- 4** = oxygen tank may be required!

- boot** = 'shouldn't' be muddy
- wellie** = 'may be' muddy in places

**Sunday 27 November**  
**Hensol—majority of tracks, very few stiles**  
Meet at Wesley at 1.30pm  
approx 2hrs (2.5 miles)  
**1 – boot**

**Monday 26 December**  
**Michaelston to Beauville Farm—very few stiles**  
Meet at Wesley at 1.30pm  
approx 2hrs (2.5 miles)  
**1 1/2 – boot**

**Sunday 8 January**  
**Llanishen**  
Meet at Wesley at 1.30pm  
To be confirmed  
**1 – boot**

**Sunday 19 February**  
**Porthkerry to Barry via Knap**  
Meet at Wesley at 1.30pm  
approx 2.5 hrs (3.4 miles)  
**2 – boot**

**Advance Notice: next walk Sunday 18 March Radyr—Gelynis**